Ellen Flynn, M.D., MTS

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Ellen Flynn, M.D., MTS, is a psychiatrist in Women's Behavioral Medicine at the Women's Medicine Collaborative. She is a Clinical Assistant Professor in both the Department of Psychiatry and Human Behavior and in the Department of Medicine, Warren Alpert Medical School at Brown University. Dr. Flynn received her medical degree and completed residency training in adult psychiatry at University of Massachusetts Medical School. She trained in Psychosomatic Medicine at Brigham and Women's Hospital, Harvard Medical School in Boston, Massachusetts. In addition, she holds a Master of Theological Studies from Harvard Divinity School in Cambridge, Massachusetts.

Dr. Flynn is dual board certified in Psychiatry and Psychosomatic Medicine with clinical expertise in perinatal psychiatry, consultation-liaison psychiatry, and mindfulness-based interventions in health care. She is a certified MBSR instructor through the Center for Mindfulness at the University of Massachusetts. In addition to teaching MBSR at the Women's Medicine Collaborative, she is also the Director of the Resilience Project with the Embodied Neuroscience Lab at Brown University. This project is dedicated to creating innovative mindfulness curricula for medical education and researching the impact of mindfulness on student and physician well-being. Dr. Flynn teaches mindfulness and leads mindfulness retreats at the medical school, in the psychiatry residency program and is an advisor for undergraduates in the Contemplative Studies Concentration. She serves as a faculty advisor in at the Mindfulness Center at Brown and as mentor in the both the Contemplative Scholarly Concentration at Alpert

Medical School and the undergraduate Brown Contemplative Studies Program. In addition to clinical and teaching roles, her researching includes the impact of mindfulness interventions in chronic medical illness and cancer survivorship.