AUGUST 17, 2020

As the NJCAA continues to evaluate pertinent information regarding the impact of COVID-19, the NJCAA Presidential Advisory Council is proposing the below plan of action for NJCAA fall, winter, and spring sports.

NJCAA MEN’S & WOMEN’S CROSS COUNTRY & HALF MARATHON

Fall Championship Season
- Practice will be permitted to begin starting August 1, 2020.
- Competition will be permitted to begin starting August 20, 2020.
- Maximum of ten (10) competition dates combined for cross country and half marathon.
- For the 2020 NJCAA Cross Country and Half Marathon seasons, region competition will NOT be necessary to qualify for the national meet.
- NJCAA Division I, Division II, and Division III Men's & Women's Cross Country Championships held November 14, 2020 at Iowa Central Community College in Fort Dodge, IA.
- NJCAA Men's and Women’s Half Marathon Championships held November 17, 2020 at Iowa Central Community College in Fort Dodge, IA.

NJCAA FOOTBALL

Fall Practice Season
- Permitted 60 consecutive calendar days for practice and scrimmages within August 15, 2020 - November 15, 2020.
- Maximum of three (3) scrimmage dates against outside competition. Each scrimmage limited to one outside opponent.

Spring Championship Season
- Practice will be permitted to begin starting March 1, 2021.
- Competition will be permitted to begin starting March 25, 2021.
- Maximum of eight (8) games through May 23, 2021.
- NJCAA Football Championship held June 3, 4, or 5, 2021 at a location to be determined.
- The following NJCAA Bowl Games will be held from June 3-6, 2021.
  - Heart of Texas Bowl
  - Salt City Bowl
  - Red Grange Bowl
  - Graphic Edge Bowl (both games)

NJCAA MEN’S & WOMEN’S SOCCER

Fall Practice Season
- Permitted 60 consecutive calendar days for practice and scrimmages within August 15, 2020 - November 15, 2020.
- Allowed four (4) scrimmage dates in total for the year, with a maximum of two (2) scrimmages allowed in the spring. Each scrimmage limited to no more than two outside opponents.
NJCAA MEN’S & WOMEN’S SOCCER CONTINUED

Spring Championship Season
- Practice will be permitted to begin starting March 15, 2021.
- Competition will be permitted to begin starting April 2, 2021.
- Maximum of 14 games.
- All regular season, region, and district competition completed by May 26, 2021.
- NJCAA Division I Men’s Soccer Championship held June 3-8, 2021 at a location to be determined.
- NJCAA Division I Women’s Soccer Championship held June 3-8, 2021 in Evans, GA.
- NJCAA Division II Men’s Soccer Championship held June 5-10, 2021 in Wichita, KS.
- NJCAA Division II Women’s Soccer Championship held June 3-8, 2021 in Peachtree City, GA.
- NJCAA Division III Men’s Soccer Championship held June 2-5, 2021 in Herkimer, NY.
- NJCAA Division III Women’s Soccer Championship held June 2-5, 2021 at a location to be determined.

NJCAA COURT VOLLEYBALL

Fall Practice Season
- Permitted 60 consecutive calendar days for practice and scrimmages within August 15, 2020 - November 15, 2020.
- Allowed five (5) scrimmage dates in total for the year, with a maximum of two (2) scrimmage dates allowed in the spring. Each scrimmage limited to no more than two outside opponents.

Spring Championship Season
- Practice will be permitted to begin starting January 4, 2021.
- Competition will be permitted to begin starting January 22, 2021.
- Maximum of 21 competition dates.
- All regular season, region, and district competition completed by April 3, 2021.
- NJCAA Division II Volleyball Championship held April 13-15, 2021 in Cedar Rapids, IA.
- NJCAA Division III Volleyball Championship held April 14-16, 2021 in Rochester, MN.
- NJCAA Division I Volleyball Championship held April 15-17, 2021 in West Plains, MO.

NJCAA MEN’S & WOMEN’S BASKETBALL

Fall Practice Season
- Permitted 60 consecutive calendar days for practice and scrimmages within September 15, 2020 - December 15, 2020.
- Allowed five (5) scrimmage dates in total for the year, with a maximum of two (2) scrimmage dates allowed in the spring. Each scrimmage limited to no more than two outside opponents.

Spring Championship Season
- Practice will be permitted to begin starting January 4, 2021.
- Competition will be permitted to begin starting January 20, 2021.
- Maximum of 22 games.
- All regular season, region, and district championship competition completed by April 10, 2021.
NJCAA MEN’S & WOMEN’S BASKETBALL CONTINUED

- NJCAA Division I Men’s Basketball Championship held April 19-24, 2021 in Hutchinson, KS.
- NJCAA Division I Women’s Basketball Championship held April 19-24, 2021 in Lubbock, TX.
- NJCAA Division II Men’s Basketball Championship held April 20-24, 2021 in Danville, IL.
- NJCAA Division II Women’s Basketball Championship held April 20-24, 2021 in Port Huron, MI.
- NJCAA Division III Men’s Basketball Championship held April 20-24, 2021 in Rockford, IL (location tentative).
- NJCAA Division III Women’s Basketball Championship held April 20-24, 2021 in Rochester, MN.

NJCAA MEN’S & WOMEN’S BOWLING

Fall Practice Season
- Permitted 60 consecutive calendar days for practice and scrimmages within September 15, 2020 - December 15, 2020.
- Allowed four (4) scrimmage dates in the fall semester. Each scrimmage limited to no more than two outside opponents.
- Maximum of 22 dates against outside competition combined between fall and spring.

Spring Competition Season
- Practice will be permitted to begin starting January 4, 2021.
- Competition will be permitted to begin starting January 8, 2021.
- All regular season, region, and district competition completed by March 28, 2021.
- NJCAA Men’s & Women’s Bowling Championships held April 7-9, 2021 in Cheektowaga, NY.

NJCAA WRESTLING

Fall Practice Season
- Permitted 60 consecutive calendar days for practice and scrimmages within September 15, 2020 - December 15, 2020.
- Maximum of two (2) scrimmage dates against outside competition. Each scrimmage limited to two outside opponents.

Spring Championship Season
- Practice will be permitted to begin starting January 4, 2021.
- Competition will be permitted to begin starting January 20, 2021.
- Maximum of 14 competition dates.
- All regular season, region, and district competition completed by April 11, 2021.
- NJCAA Wrestling Championships held April 21-22, 2021 in Council Bluffs, IA.

NJCAA MEN’S & WOMEN’S INDOOR/OUTDOOR TRACK & FIELD

Fall Practice Season
- Permitted 60 consecutive calendar days for practice and scrimmages within September 15, 2020 - December 15, 2020.
- Maximum of two (2) scrimmage dates against outside competition. Each scrimmage limited to two outside opponents. Scrimmage times may not be used for national meet qualification.
NJCAA MEN’S & WOMEN’S INDOOR/OUTDOOR TRACK & FIELD CONTINUED

Spring Championship Season
- Practice will be permitted to begin starting January 4, 2021 for indoor and outdoor track & field.
- Competition will be permitted to begin starting January 18, 2021 for indoor and outdoor track & field.
- Maximum of 17 competition dates combined between indoor and outdoor track & field.
- NJCAA Indoor Track & Field Championships held March 5-6, 2021 in Pittsburg, KS.
- NJCAA Division I Outdoor Track & Field Championships held May 11-13, 2021, Levelland, TX.
- NJCAA Division III Outdoor Track & Field Championships held May 6-8, 2021 in Troy, NY.

NJCAA MEN’S & WOMEN’S SWIMMING & DIVING

Fall Practice Season
- Permitted 60 consecutive calendar days for practice and scrimmages within September 15, 2020 - December 15, 2020.
- Maximum of two (2) scrimmage dates against outside competition. Each scrimmage limited to two outside opponents. Scrimmage times may not be used for national meet qualification.

Spring Championship Season
- Practice will be permitted to begin starting January 4, 2021.
- Competition will be permitted to begin starting January 11, 2021.
- Maximum of 16 regular season competition dates.
- NJCAA Swimming & Diving Championships held April 28 - May 1, 2021 in Erie, NY.

NJCAA BASEBALL

Fall Practice Season
- Permitted 60 consecutive calendar days for practice and scrimmages within September 5, 2020 - November 15, 2020.
- Maximum of 15 scrimmages (not dates) against outside competition. Each scrimmage limited to no more than two outside opponents.

Spring Championship Season
- Practice will be permitted to begin starting January 4, 2021.
- Competition will be permitted to begin starting January 22, 2021.
- Maximum of 56 games (not dates) against outside competition.
- All regular season, region, and district competition completed by May 23, 2021.
- NJCAA Division I Baseball World Series held May 29, 2021 - June 4/5, 2021 in Grand Junction, CO.
- NJCAA Division II Baseball World Series held May 29, 2021 - June 4/5, 2021 in Enid, OK.
- NJCAA Division III Baseball World Series held May 29, 2021 - June 2/3, 2021 in Greeneville, TN.
NJCAA BEACH VOLLEYBALL

Fall Practice Season
- Permitted 60 consecutive calendar days for practice and scrimmages within September 5, 2020 - November 15, 2020.
- Allowed four (4) scrimmage dates in total for the year, with a maximum of two (2) scrimmage dates allowed in the spring. Each scrimmage limited to no more than two outside opponents.

Spring Championship Season
- Practice will be permitted to begin starting March 10, 2021.
- Competition will be permitted April 1, 2021 - May 15, 2021.
- Maximum of 16 dates against outside competition.

NJCAA MEN’S AND WOMEN’S GOLF

Fall Practice Season
- Permitted 60 consecutive calendar days for practice and scrimmages within September 5, 2020 - November 15, 2020.
- Maximum of 30 dates against outside competition combined between fall and spring.

Spring Championship Season
- Practice will be permitted to begin starting January 4, 2021.
- Competition will be permitted to begin starting January 22, 2021.
- NJCAA Women’s Golf Championship held May 10-13, 2021 in Ormond Beach, FL.
- NJCAA Division I Men’s Golf Championship held May 11-14, 2021 in Lubbock, TX.
- NJCAA Division II Men’s Golf Championship held May 18-21, 2021 in Plymouth, IN.
- NJCAA Division III Men’s Golf Championship held June 7-11, 2021 in Chautauqua, NY.

NJCAA MEN’S AND WOMEN’S LACROSSE

Fall Practice Season
- Permitted 60 consecutive calendar days for practice and scrimmages within September 5, 2020 - November 15, 2020.
- Maximum of 22 dates against outside competition combined between fall and spring.

Spring Championship Season
- Practice will be permitted to begin starting January 15, 2021.
- Competition will be permitted to begin starting February 21, 2021.
- NJCAA Men’s Lacrosse Championship held May 15-16, 2021 in Garden City, NY.
- NJCAA Women’s Lacrosse Championship held May 15-16, 2021 in Rochester, NY.

NJCAA SOFTBALL

Fall Practice Season
- Permitted 60 consecutive calendar days for practice and scrimmages within September 5, 2020 - November 15, 2020.
- Maximum of seven (7) scrimmage dates against outside competition. Each scrimmage limited to no more than two outside opponents.
NJCAA SOFTBALL CONTINUED

Spring Championship Season
- Practice will be permitted to begin starting January 4, 2021.
- Competition will be permitted to begin starting January 22, 2021.
- Maximum of 30 dates against outside competition.
- All Division I and Division II regular season, region, and district competition completed by May 19, 2021.
- All Division III regular season, region, and district competition completed by May 22, 2021.
- NJCAA Division I Softball Championship held May 25-29, 2021 in Yuma, AZ.
- NJCAA Division II Softball Championship held May 25-29, 2021 in Oxford, AL.
- NJCAA Division III Softball Championship held May 27-29, 2021 in Syracuse, NY.

NJCAA MEN’S & WOMEN’S TENNIS

Fall Practice Season
- Permitted 60 consecutive calendar days for practice and scrimmages within September 5, 2020 - November 15, 2020.
- Maximum of 35 dates against outside competition combined between fall and spring.

Spring Championship Season
- Practice will be permitted to begin starting January 10, 2021.
- Competition will be permitted to begin starting January 22, 2021.
- NJCAA Division I Women’s Tennis Championship held May 1-5, 2021 in Mesa, AZ.
- NJCAA Division I Men’s Tennis Championship held May 17-21, 2021 in Plano, TX.
- NJCAA Division III Men’s Tennis Championship held May 14-16, 2021 in Peachtree City, GA.
- NJCAA Division III Women’s Tennis Championship held May 14-16, 2021 in Peachtree City, GA.

SPECIAL NOTES
* For the fall 2020 semester, eligibility must be filed for the following sports only:
  - Men’s and Women’s Cross Country
  - Men’s and Women’s Half Marathon
* In the NJCAA, a scrimmage is athletic competition against any outside team or individual that is not an official contest or practice. Scrimmages must meet the NJCAA scrimmage definition defined in Article VII, Section 2.B and may not include more than two outside opponents.
* Official eligibility must be filed in accordance with the national bylaws prior to the first competition.
* No limitation to the number of teams participating in an official event for the sports of golf, tennis, bowling, cross-country, or half-marathon. Scrimmages in these sports are still limited to no more than two outside opponents.
* Fall eligibility for golf and tennis must be filed when championship play of any kind takes place.
* For questions, please contact: Kim Whitestone (kwhitestone@njcaa.org) or Rod Lovett (rlovet@njcaa.org).