7-WEEK SESSIONS

Students' lives are more complex than ever.

With a greater demand for flexibility while balancing life and schoolwork, 7-week sessions give you the option to take fewer courses for shorter period of time, allowing you to begin and finish courses more quickly, leading to more timely completion of your degree

What are 7-week sessions?

It's exactly what it sounds like; 7-week sessions break the standard 15-week semester into two terms that are seven weeks each, with a one week break in between, while offering the same quality of teaching, support, and content as a traditional course.

7-WEEK
SESSIONS

Fall and Spring semesters

7-Week
Session I

15-Week Semester

SEE WHAT CCRI STUDENTS ARE SAYING ABOUT 7-WEEK SESSIONS!

- "I liked taking a 7-week course because I can potentially fit more classes into a semester. This semester, I took one 7-week class and I like that I am finished with the class midway through the semester."
- "The hardest part of taking the class is having good time management and not procrastinating. This class helped me develop time management skills. The class format, organization, and frequent communication made taking the class a great experience."
- "I really enjoyed taking a 7-week course opposed to the full 15 weeks. As someone who hasn't been in school for a while, it was hard to take on a full-time schedule right from the start but having a course finish earlier than the others has been extremely helpful."
- "I enjoyed the fast-paced aspect of this class I got A LOT of information in just 7 weeks and it zipped by. It felt more focused and efficient. I think I was more successful in a 7-week course. It allowed me to stay engaged."



What are the benefits?

Seven-week classes allow you to complete classes more quickly, decreasing the time it takes to complete your degree or certificate. Studies also show that students in 7-week classes experience increased momentum, motivation, and concentration as a result of focusing on fewer classes at once. Seven-week classes also allow you to achieve a better work-life balance, keeping you on track until graduation.

Will this impact my financial aid?

No. As long as you register for all of your courses up front – which means registering prior to the final drop deadline if you plan on taking courses during both 7-week sessions – your financial aid will still be processed for the fall, spring, and summer terms.

Are 7-week sessions easier or more difficult?

The power is in your hands! While each student has their unique learning style, the 7-week session format provides a more intense, concentrated experience, which is known to enhance understanding and retention of class material. This allows students to explore a different learning modality that could enhance the educational experience. Consider your own individual learning style and academic goals before registering!

Can I take 7- and 15-week sessions at the same time?

You can, but do so with thoughtful planning and after meeting with your Student Success Coach – and keep in mind you can only take a maximum of 18 credits during the entire semester.

What if I need to change a course for the second session?

You can change your schedule before the add or drop deadline, but keep in mind this could impact your eligibility for programs such as Rhode Island Promise, which specifically require students to maintain full-time status, or for loan eligibility, which requires half-time status. Always check with Financial Aid to weigh the impact before you make changes to your schedule.

Do I need to enroll in both 7-week sessions at once for each semester?

Yes, especially for students utilizing Financial Aid, which requires you to register up front for all courses. Contact your Student Success Coach or Financial Aid Advisor for more information.

Got questions?

Contact your **Student Success Coach** through your Starfish account or email the Advising Center at **advising@ccri.edu**.

Go to ccri.edu/seven-week to learn more.



SEE WHAT CCRI STUDENTS ARE SAYING ABOUT 7-WEEK SESSIONS!

"I like taking a 7-week class because I will have a full semester class done in only half a semester. This has really helped as I do work full-time."

"This seven week class has been one of my favorite classes I have taken at CCRI. The format of it had to be one of my favorite things about it. I also enjoy the fast pace of the class. Honestly, I think I have been more successful in this class compared to the other classes I have been in."

"When taking a 7-week course instead of a 15-week course, I felt that it was better for me. For instance, I was able to get the class done earlier and I can work at my own pace."

