

Processes of Labor and Delivery

Name _____

Describe and explain the stages of labor

1. First stage _____

 - a. Latent Phase _____

 - b. Active phase _____

 - c. Transition phase _____

2. Second stage _____

 - a. Pushing _____

 - b. Crowning _____

3. Third stage _____

4. Fourth stage _____

5. Explain the use of oxytocin/pitocin in the birthing process. _____

6. Explain the causes of pain during labor and birth. _____

7. At what level does the spinal cord end? _____

8. What type of anesthesia during labor has the least complications? _____

9. List the side effects and complications of epidural analgesia. _____

10. Which medication would be most effective in reversing the effect of narcotics on the neonate? _____

11. Why does the nurse ask the color of the amniotic fluid? _____

12. What is the risk of rupture of membranes combined with a delay of more than 24 hours to birth? _____

13. Define hypertension in the laboring mother. _____

14. Define acceleration and deceleration of fetal heart rate and explain how decelerations are classified.

15. Discuss possible causes of fetal tachycardia. _____

16. Define fetal bradycardia. _____

17. Define variability in fetal heart rate. _____

18. List interventions to increase fetal oxygenation. _____

19. Discuss hydration of the client in labor. _____

Oral fluid _____

Intravenous fluid _____

20. Explain the labor curve. _____

Station _____

Dilatation _____

21. Review breathing techniques and describe what techniques you will teach the mother for each phase of the first stage of labor.

Early phase _____

Active phase _____

Transition phase _____

22. Define the use of a focal point. _____

23. Discuss the significance of the following on the progress of labor.

a. Fatigue _____

b. Anxiety _____

c. Presence of a support person _____

d. Socioeconomic status _____

e. Age _____