

# INTRO TO MENTAL HEALTH

Presented by  
Professor  
Christine DelNero



---

---

---

---

---

---

---

---

## Lecture Objectives

- At the completion of this lecture the student will:
  - ◆ Identify challenges to mental health
  - ◆ Understand the DSM IV
  - ◆ Relate crisis theory to mental illness
  - ◆ Apply levels of prevention to mental illness

---

---

---

---

---

---

---

---

## Lecture Objectives Cont.

- ◆ Define roles of the mental health team
- ◆ Define the role of the mental health nurse
- ◆ Correlate theory of the types of admissions to the psychiatric hospital
- ◆ Relate concepts of autonomy to the Patient's Bill of rights.

---

---

---

---

---

---

---

---

### Lecture Objectives Cont.

- ◆ Understand all aspects of the mental health law
- ◆ Relate culture to concepts of mental health and mental illness
- ◆ Be able to document effectively in the patient's medical record

---

---

---

---

---

---

---

---

### Historical Perspectives

- Demonic possession
- Supernatural phenomena
- Melancholia
- Until mid 1800's, mentally ill shackled and served as public entertainment

---

---

---

---

---

---

---

---

### Historical Perspectives cont.

- 1860-1880 Dorothea Dix
- Linda Richards
- 1882 McLean Hospital
- 1950's Psychopharmacology
- 1955 Joint Commission on Mental Illness
- 1961 Findings delivered

---

---

---

---

---

---

---

---

### Historical Perspectives cont.

- 1963 CMHC Act- responsibility for mental health services given to local communities
- 1960-1970---considerable progress
- 1980 – funding and resources restricted
- 1990's – decade of the Brain

---

---

---

---

---

---

---

---

### Challenges to Mental Health

- Stigma
- HMO's
- Neglected populations
- Technology
- Pharmacology
- Delivery system

---

---

---

---

---

---

---

---

### Definitions

- Continuum from adaptive to maladaptive
- Continuum from constructive to destructive

---

---

---

---

---

---

---

---

## Characteristics of Mental Health

- Self-esteem
- Open, flexible attitude toward life
- Minimal nervous tension and anxiety
- Effective coping skills and problem solving abilities

---

---

---

---

---

---

---

---

## Categorizing Mental Illness

- Means of classifying and defining specific mental disorders
- Defines disorders, not people
- Each defined entity classifies behaviors or syndromes that result in distress or disability

---

---

---

---

---

---

---

---

## DSM IV

- Axis I
- Axis II
- Axis III
- Axis IV
- Axis V

---

---

---

---

---

---

---

---

## Mental Health Care System

- Hospital
  - ◆ Acute
  - ◆ Chronic
- CMHC
  - ◆ Levels of service

---

---

---

---

---

---

---

---

## Levels of Prevention

- Primary
- Secondary
- Tertiary

---

---

---

---

---

---

---

---

## Crisis Theory

- Crisis defined
- Types of crisis
  - ◆ Situation
  - ◆ Maturational or developmental
  - ◆ Adventitious

---

---

---

---

---

---

---

---

**Mental Health Team**

- Psychiatric nursing role

---

---

---

---

---

---

---

---

**Ethical Concepts**

- Ethics
- Bioethics
- Beneficence
- Autonomy
- Justice
- Fidelity (nonmaleficence)

---

---

---

---

---

---

---

---

**Societal Norms**

- Definition
- Issues of conformity
- Issues of deviance

---

---

---

---

---

---

---

---

## MENTAL HEALTH LAW



---

---

---

---

---

---

---

---

## Patient's Bill of Rights

- Civil Rights
- Client Consent
- Communication
- Freedom from Harm
- Dignity and Respect
- Confidentiality
- Participation in Treatment Plan

---

---

---

---

---

---

---

---

## Admissions to the Hospital

- Voluntary
- Involuntary
- Emergency
- Release from hospital
- Conditional release
- Discharge



---

---

---

---

---

---

---

---

## Due Process Issues

- Least Restrictive Alternative
- Writ of habeas corpus
- Parens patriae
- State's police power

---

---

---

---

---

---

---

---

## Right to Treatment

- Rouse vs. Cameron (1966)
- Wyatt vs. Stikney (1971)
- O'Connor vs. Donaldson (1975)

---

---

---

---

---

---

---

---

## Right to Refuse Treatment

- Police power and parens patriae
- Patient Self Determination Act (1991)
- Informed consent
- Implied consent

---

---

---

---

---

---

---

---

## Restraint and Seclusion

### ■ Least Restrictive Alternative

- ◆ Verbal
- ◆ Chemical
- ◆ Physical



---

---

---

---

---

---

---

---

## Legal Concepts

- Torts
  - ◆ Intentional
  - ◆ Unintentional
- Assault
- Battery
- False Imprisonment
- Defamation of character



---

---

---

---

---

---

---

---

## Legal Concepts cont.

- Punitive damages
- Negligence
  - ◆ Duty (standard of care)
  - ◆ Breach of duty
  - ◆ Cause and proximate cause
  - ◆ Damages

---

---

---

---

---

---

---

---

## Confidentiality exceptions

- Tarasoff vs. Regents of U. of Calif. (1976)
  - ◆ Duty to warn
- Right to Privacy

---

---

---

---

---

---

---

---

## Medical Record

Documentation of care  
Agency Policy  
Pages 155 - 158

---

---

---

---

---

---

---

---