

NURS 1020

Nursing Skills Competency Lab

OBJECTIVE

This lab is an evaluation of an individual's ability to perform skills (previously learned in NURS 1010) in a safe and competent manner.

The following is a list of skills that were taught in class or lab in NURS 1010*.

Students are expected to come to the Skills Competency Lab and be able to demonstrate all of the following skills in a safe competent manner:

1. Obtaining Vital Signs (T, AP, R, manual BP), location of peripheral pulses.
2. DSD application for a wound with a penrose drain that includes: measurement of wound, cleansing of wound, use of sterile gloves and a sterile drape.
3. Insertion of a NG tube, verifying correct placement, irrigation of NG tube (reasons for irrigation).
4. Insertion of foley catheter
5. Obtaining a urine specimen from a foley catheter and irrigation of a foley catheter (reasons for irrigation)
6. Colostomy care to include: emptying/rinsing of appliance, skin care and change of appliance.
7. Identification of 4 types of Isolation and indications for each (Taylor, p.717). Donning and removal of Personal Protective Equipment.
8. Identification of the gauge and length of needles for SC and IM injections. Identify anatomical landmarks for sites of SC and IM injections. Demonstrate administration of IM and SC injections.

* See handout entitled ASSIGNED READINGS FOR SELECTED SKILLS IN NURS 1010 – Syllabus C

DIRECTIONS

1. The Nursing Skills Competency Lab is to be held within the first 4 weeks of the semester. Faculty are expected to schedule the lab for their group.
2. Students are to come to the lab prepared to demonstrate **all** of the skills listed above.
3. The above 8 skills will be listed on 8 separate slips of paper. These 8 slips of paper will be folded up and placed in a container. On the day of the lab, students **will pick out one** of these folded slips of paper listing a skill. That is the skill the student will be expected to perform during the lab.
4. The student will demonstrate this skill to the clinical instructor and to other students in the group.
5. Remedial work and additional time will be required for those students who are unable to demonstrate competency during this lab. Lack of preparation or competency will be reflected on the student's evaluation form.

Please Note: This lab is **not** to be used for teaching or reviewing these skills.