

COMMUNITY COLLEGE OF RHODE ISLAND
NURSING 1010
CLINICAL LABORATORY SCHEDULE AND REQUIREMENTS (rev 8/09)

REQUIREMENTS:

Clinical lab days are considered clinical days and attendance is mandatory. Prior to each lab, you **MUST** read about each designated skill in your Taylor's Clinical Nursing Skills textbook and **OBSERVE** the corresponding videos. Be prepared to discuss and practice each skill during laboratory time.

**** Bring your Taylor's Skills Book to each laboratory session.**

Part of the lab will be a demonstration related to the skills to be learned. The remaining time will be spent with your clinical instructor practicing the skill. In addition, you are expected to utilize the lab on your own time to continue to maintain the skill you have learned.

CLINICAL LABORATORY I: Orientation to Clinical Nursing

Hand Washing	Skill 4-1 Hand Hygiene p.125 Skill 4-2 Performing Hand Hygiene Using an Alcohol-Based Hand Rub Watch & Learn: Asepsis: Performing Hand Hygiene
Standard Precautions	Skill 4-7 Using Personal Protective Equipment p.143 Read: p. 124- 125 Standard Precautions and Transmission-Based Precautions
Clinical Requirements	Individual instructors will review all student policies in <u>Student Policy Manual</u> , as well as clinical requirements

CLINICAL LABORATORY II: Bedmaking and Hygiene

- Skill 7-1** Giving a Bed Bath p.327
- Skill 7-2** Assisting the Patient for Oral Care p.336
- Skill 7-3** Providing Oral Care for the Dependent Patient p. 340
- Skill 7-4** Providing Denture Care p. 343
- Skill 7-6** Shampooing a Patient's Hair in Bed p. 348
- Skill 7-7** Assisting the Patient to Shave p. 354
- Skill 7-8** Applying and removing antiemboli stockings p.356
- Skill 7-9** Making an Unoccupied Bed p. 361
- Skill 7-10** Making an Occupied Bed p.367
- Skill 10-2** Giving a Back Massage p 569

Watch & Learn CD: Hygiene: Giving a Bed Bath & Changing an Occupied Bed

Practice & Learn CD: Providing Oral Care for the Dependent Patient

CLINICAL LABORATORY III : Activity and Body Mechanics

- Skill 9-1** Assisting a Patient with Turning in Bed, p.465
- Skill 9-2** Providing Range of Motion Exercises, p.469
- Skill 9-3** Moving a Patient Up in Bed with the Assistance of Another Nurse, p. 479
- Skill 9-4** Transferring a Patient from the Bed to a Stretcher, p.485
- Skill 9-5** Transferring a Patient from the Bed to a Chair, p.489
- Skill 9-6** Transferring a patient using a Powered Full Body Sling Lift p. 496 – will be demonstrated in the Nursing Home Setting.
- Skill 9-7** Assisting a Patient with Ambulation, gait belts p.501
- Skill 9-8** Assisting a Patient with Ambulation using a Walker p. 504
- Skill 9-9** Assisting a Patient with Ambulation using Crutches, p. 508
Wheelchair adjusting, take-apart

Watch & Learn CD: Activity: Providing Range of Motion Exercise

Practice & Learn CD: Activity: Assisting a Patient With Turning in Bed

CLINICAL LABORATORY IV: Vital Signs

- Skill 1-1** Assessing a Temperature, p. 6
- Skill 1-2** Assessing a Peripheral Pulse by Palpation P.16 (also demonstrate use of Doppler)
- Skill 1-3** Assessing the Apical Pulse by Auscultation p. 20
- Skill 1-4** Assessing Respiration, p.23
- Skill 1-4** Assessing a Brachial Artery Blood Pressure, p. 26
- Skill 1-5** Using a Bed Scale, p. 35 – will be demonstrated in the nursing home.

Watch & Learn CD: Vital Signs: Measuring Oral Temperature, Radial pulse,
Respiratory Rate and Blood Pressure

Vital Signs: Measuring an Apical Pulse

Practice & Learn CD: Assessing Blood Pressure

CLINICAL LABORATORY V: Informatics, Review of Skills, Library Orientation

Informatics Logging onto WebCT/Blackboard
 Accessing Practice Exam
 Taking Practice Exam
 Reviewing Practice Exam
 Orientation to Simulation Learning System (Elsevier)

Review of physical assessment skills, vital signs, other skills, as needed.

Orientation to the Library

CLINICAL LABORATORY VI: Physical Assessment

Skill 2-1 through Skill 2-6 Performing a Head-to-Toe Assessment,
p. 43-91 (Includes lung sounds, heart sounds and bowel sounds).

Skill 14-1 Using a Pulse Oximeter, p.747

Watch & Learn: Performing a Physical Exam (give particular focus to
Heart, Lungs, Thorax, Abdomen, Legs, Feet and Toes)