

Offered in a **10-week course** format this fall

# Integrating Shiatsu into Full Body Massage

**SHIATSU** and **ACUPRESSURE** are traditional manual therapies from Asia used for pain management and stress reduction. They are easy to learn and have been proven effective in many clinical contexts.

**WHAT:**

**Integrating Shiatsu into Full Body Massage**

2 credits, 30 NCBTMB  
Continuing Education Hours  
Course Code: TMSG 2050-581,  
CRN 34898, 201130

**WHERE:**

CCRI Newport County Campus  
One John. H. Chafee Blvd.  
Newport, RI

**WHEN:**

5 to 8 p.m. Tuesdays,  
Sept. 13 to Nov. 15

**HOW:**

Register online at [www.ccri.edu](http://www.ccri.edu)  
or by visiting the Office of  
Enrollment Services on any  
CCRI campus if you are not a  
CCRI student.

*No prior shiatsu experience is required.*

This course will teach massage therapists, nurses, physical therapists and their assistants, occupational therapy assistants and other health care providers how to integrate shiatsu and acupressure techniques into their day-to-day health care work. The course will focus on applying these techniques on clients who are on massage/examination tables, in hospital beds or seated in chairs. It will have two learning tracks – one for those new to shiatsu and another for those experienced in and who wish to further their study in shiatsu.

**LEARNING OBJECTIVES:**

- Give a massage or other therapeutic intervention that integrates a variety of possible shiatsu and acupressure techniques to help with a range of medical conditions
- Learn an extensive range of acupressure points for addressing common ailments
- Gain or deepen familiarity with traditional Chinese medicine and shiatsu principles
- Develop greater body awareness through the regular practice of qi development exercises

For more details about the new Therapeutic Massage certificate program and the associate degree in Therapeutic Massage, visit [www.ccri.edu/massage/therapy/courses.html](http://www.ccri.edu/massage/therapy/courses.html)

or send an e-mail to:

Regina Cobb

Therapeutic Massage program director

[rmcobb@ccri.edu](mailto:rmcobb@ccri.edu).

