

THERAPEUTIC MASSAGE PROGRAM (TMSG)

ASSOCIATE IN APPLIED SCIENCE (A.A.S.) DEGREE

Occupational Title: Massage Therapist**Newport County Campus, Newport**

The Therapeutic Massage program is accredited by the Commission on Massage Therapy Accreditation (COMTA), 5335 Wisconsin Avenue NW, Suite 440, Washington, DC, 20015, 202-859-1518, www.comta.org.

Therapeutic massage involves the use of manual soft tissue mobilization to promote health and wellness. Recent scientific studies have documented the many positive physical, mental and emotional effects of massage. The Therapeutic Massage program at CCRI offers students a strong scientific basis for the understanding and application of various soft tissue techniques. Different types of massage are studied, including both Eastern and Western approaches. Students must be able to perform basic massage techniques and demonstrate the ability to give and receive a therapeutic massage treatment.

The Therapeutic Massage program is a modified evening and weekend program. Although Therapeutic Massage courses are given at the Newport location, the required General Education courses may be taken at other CCRI sites prior to acceptance into the program. All fieldwork courses must be completed within 18 months following completion of the academic preparation. Students must be at least 18 years old prior to taking TMSG 1000.

Students completing the program are eligible to sit for the national certification examination for massage therapists, which is administered by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB). An individual must successfully pass the certification examination in order to apply for licensure to practice as a licensed massage therapist.

GENERAL POLICIES:

See important general policies in beginning of this section on academic progress, advanced standing, background check, CPR certification, health insurance, health records, reinstatement, transportation, uniforms and equipment.

ADMISSIONS REQUIREMENTS

- A completed college admissions application. General Studies should be first choice, **TMSG** should be second choice. To begin the **TMSG** program a performance-based application must be completed.
- An official copy of the applicant's high school transcript or GED, including date of graduation or, if the applicant holds a baccalaureate degree from an accredited college/university, the high school transcript may be waived; college transcript must indicate completion and degree awarded.
- Demonstrate competency at MATH 1420 level by placing into MATH 1420 through the ACCUPLACER test or completion of MATH 0500 with a "C" or better.
- Completion of the ACCUPLACER standardized test issued by CCRI through the Department of Advising and Counseling is required. Competency of 75 or above is required for reading comprehension or completion of ENGL 0890: Critical Reading with a grade of "B-" or better.
- Completion of the following courses with a grade of "C" or better:
 - BIOL 1070: Anatomy and Physiology
 - TMSG 1000: Introduction to Therapeutic Massage
 - RHAB 1010: Medical Terminology for Rehabilitative Health
 - RHAB 1100: Foundational Kinesiology
 - ENGL 1010: Composition I (will not substitute for ENGL 1300)
- Students must be 18 years of age or older to register for TMSG 1000: Introduction to Therapeutic Massage.
- A cumulative grade point average of 2.0 or better for all college courses taken.
- Complete preadmission degree evaluation.

■ THERAPEUTIC MASSAGE (TMSG) *(continued)*
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STUDENTS SHOULD ENROLL IN CLASSES AS FOLLOWS:

Preadmissions requirements: BIOL 1070; ENGL 1010; TMSG 1000, RHAB 1010, 1100 (11 credits)

Second semester (Fall): RHAB 1110, 1030; TMSG 1020; PSYC 2010 (13 credits)

Third semester (Spring): TMSG 1030, 1040; MATH 1420; SPCH 1100 (14 credits)

Fourth semester (Summer): TMSG 2010, 2020**, 2021, 2031 (11 credits)

Fifth semester (Fall): TMSG 2030***, 2040; PSYC 2030, General Education Elective (12 credits)

PREADMISSION REQUIREMENTS

NOTE: THESE COURSES MUST BE TAKEN PRIOR TO PROGRAM ADMISSION.

GENERAL EDUCATION

COURSE NO.	COURSE TITLE	CREDITS
<input type="checkbox"/> BIOL 1070	Human Anatomy and Physiology	3
<input type="checkbox"/> ENGL 1010*	Composition I	3

MAJOR

COURSE NO.	COURSE TITLE	CREDITS
<input type="checkbox"/> TMSG 1000	Introduction to Therapeutic Massage	2
<input type="checkbox"/> RHAB 1010	Medical Terminology (online option)	1
<input type="checkbox"/> RHAB 1100	Foundational Kinesiology (online)	2

* Placement test required

GENERAL EDUCATION REQUIREMENTS

COURSE NO.	COURSE TITLE	CREDITS
<input type="checkbox"/> MATH 1420*	Intro. to College Mathematics (online option)	3
<input type="checkbox"/> SPCH 1100	Oral Communication I	3
<input type="checkbox"/> PSYC 2010	General Psychology (online option)	3
<input type="checkbox"/> PSYC 2030	Developmental Psychology	3
<input type="checkbox"/> Elective	See page 17 for list of courses that meet this requirement	3
Total General Education Credits (including Preadmission)		21

*Placement test required

MAJOR REQUIREMENTS

COURSE NO.	COURSE TITLE	CREDITS
<input type="checkbox"/> RHAB 1110	Kinesiology	3
<input type="checkbox"/> RHAB 1030	Pathophysiology for Rehabilitative Health Practitioners	3
<input type="checkbox"/> TMSG 1020	TM1 Swedish Massage	4
<input type="checkbox"/> TMSG 1030	TM2 Deep Tissue Massage	4
<input type="checkbox"/> TMSG 1040	TM3 Practice of Shiatsu	4
<input type="checkbox"/> TMSG 2010	TM4 Sports Massage	4
<input type="checkbox"/> TMSG 2020**	Therapeutic Massage Fieldwork I	3
<input type="checkbox"/> TMSG 2021	Massage Practice Building	2
<input type="checkbox"/> TMSG 2030***	Therapeutic Massage Fieldwork II	3
<input type="checkbox"/> TMSG 2031	Therapeutic Massage Career Development	2
<input type="checkbox"/> TMSG 2040	Foundation of Evidence-Based Outcomes for Massage Therapists	3
Total Major Requirements Credits (including Preadmission)		40

Total Program Credits

61

**TMSG 2020 includes 50 hours of on-site student/faculty clinic and 50 hours of externship for a total of 100 hours.

***TMSG 2030 includes 120 hours of externship.

P This course has a prerequisite. See Course Descriptions section for class hours, prerequisites and corequisites.